

Speakers and Chairmen

Vincenzo Bellizzi
Salerno, Italy

Juan Jesus Carrero Roig
Stockholm, Sweden

Philippe Chauveau
Bordeaux, France

Mario Cozzolino
Milan, Italy

Adamasco Cupisti
Pisa, Italy

Claudia D'Alessandro
Pisa, Italy

Luca De Nicola
Naples, Italy

Enrico Fiaccadori
Parma, Italy

Denis Fouque
Lyon, France

Loreto Gesualdo
Bari, Italy

Francesca Mallamaci
Reggio Calabria, Italy

Pablo Molina
Valencia, Spain

Giorgina Barbara Piccoli
Turin, Italy / Le Mans, France

Giuseppe Quintaliani
Perugia, Italy

Luca Scalfi
Naples, Italy

Pasquale Strazzullo
Naples, Italy

Christoph Wanner
Würzburg, Germany

Welcome message

Chronic Kidney Disease (CKD) has been recently included among the major chronic non-communicable epidemic diseases because of its increasing prevalence, its severe prognosis and its associated dramatic reduction in quality of life. CKD also conveys elevated healthcare costs, nowadays unsustainable for many countries.

The loss of renal function and the progression towards end-stage renal disease can be attenuated and effectively managed by acting since the early stages with appropriate multifactorial intervention, both pharmacological and nutritional.

The European Renal Nutrition (ERN) working group of the ERA-EDTA, addresses the nutritional disorders that develop as a consequence of CKD and how their management can result in better patient outcomes. In this second international conference, we provide an in-depth analysis of nutritional management in non-dialysis CKD. We will cover both nutritional strategies to retard progression and nutritional habits to avoid other uremia-related complications.

Nutritional treatment of CKD is a complex therapeutic intervention that requires a multidisciplinary team work, including the work of nephrologists, nutritionists, endocrinologists and dieticians. This Scientific conference is addressed to these professionals, providing a timely and updated information on the relationship between the nutrients, foods and kidney disease, and deciphering how their interaction can reduce metabolic complications, retard CKD progression and improve the overall health status of non-dialysis CKD patients.

General Information

Date

September 20-21 2016

Venue

Hotel Royal Continental
via Partenope, 38/44 - 80121 Naples
www.royalgroup.it/royalcontinental
phone +39 081 2452068
info@royalcontinental.it

Registration

Registration to the meeting is free of charge and limited to a fixed number. Registration includes: Name badge, Coffee breaks, Access to Cooking tests, Teaching materials. International travel grants for young nephrologists by ERA-EDTA will be available (ERA-EDTA website). National Italian travel bags grants for young nephrologists by SIN will be available (SIN & Meeting website).

Credits

The course has been accredited for Nephrologists, Diabetologists, Cardiologists, Internists, General Practitioners, Endocrinologists, Nutritionists; Dietitians.

Italian credits: 9 ECM italiana credits.

European Credits: 6 European CME credits.

Scientific Committee

Dr. Vincenzo Bellizzi
Nephrology division, A.O.U. San Giovanni di Dio e Ruggi d'Aragona, Salerno

Prof. Giuseppe Conte
Nephrology Division, Second University of Naples

Prof. Luca De Nicola
Nephrology Division, Second University of Naples

Prof. Roberto Minutolo
Nephrology Division, Second University of Naples

with the non condition contribution of:



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**2nd International
Conference**
European Renal Nutrition (ERN)
working group of ERA-EDTA

Retarding CKD progression: readily
available through comprehensive
nutritional management?

September 20-21 2016
Hotel Royal Continental, Naples

September 20, 2016

12.00 Registration

13.30 Course Presentation

Session 1 - Chairs: Denise Fouque, Vincenzo Bellizzi

Desirable nutrient intakes in pre-dialysis CKD

14.00 Nutritional habits in CKD patients: practical dietary approach in the routine clinical practice
Adamasco Cupisti

14.30 Low salt diet in pre-dialysis CKD: why and how to reduce it?
Pasquale Strazzullo

15.00 Dietary quality rather than quantity to retard disease progression
Juan Jesus Carrero Roig 

15.30 Metabolic acidosis, muscle wasting and CKD progression; plant food as a therapy
Philippe Chauveau 

16.00 Discussion

16.20 Coffee Break

Session 2 - Chairs: Juan Jesus Carrero Roig, Giuseppe Quintaliani


Protein energy wasting in pre-dialysis CKD

16.30 Prevalence and consequences of PEW in pre-dialysis CKD
Juan Jesus Carrero Roig 

17.00 Diagnostic tools for screening and assessment of PEW in pre-dialysis CKD
Enrico Fiaccadori

Nutritional strategies in pre-dialysis CKD - 1

17.30 Discussion

17.50 Serum phosphate targets and non-dietary phosphate restriction strategies to improve outcomes in pre-dialysis CKD
Mario Cozzolino 

18.20 Dietary approaches to control phosphate levels
Denis Fouque 

18.50 Discussion

19.10 Closing remarks


September 21, 2016

Session 3 - Chairs: Denis Fouque, Giorgina Barbara Piccoli

Nutritional strategies in pre-dialysis CKD - 2

08.00 Presentation of the day

08.30 The low protein diet in CKD
Denis Fouque 

09.00 Supplemented very low-protein diet and hard outcomes
Vincenzo Bellizzi 

09.30 Calcium and native vitamin-D management as targets for slowing CKD progression
Pablo Molina 

10.00 Counselling, adherence and concordance of a comprehensive nutritional treatment in pre-dialysis CKD: the role of the renal dietician
Claudia D'Alessandro

10.30 Discussion

10.50 Coffee Break

Session 4 - Chairs: Christoph Wanner, Luca De Nicola

Nutritional strategies in pre-dialysis CKD: novelty and concerns

11.00 The bowel microbiota in CKD as a new substantial player in the management of CKD. May we consider this a real tool?
Loreto Gesualdo

11.30 Impact of the Mediterranean diet on CVD in pre-dialysis CKD
Luca Scalfi

12.00 Overweight/obesity in pre-dialysis CKD: is it really a risk factor?
Christoph Wanner 

12.30 Overweight/obesity in pre-dialysis CKD: interventions in patients who have to lose weight
Francesca Mallamaci 

13.00 Discussion

13.30 Closing remarks